



Mini Lesson: Supporting Social and Emotional Development

Basket 2 Learning to See

Focus

Supporting Social and Emotional Development

Introduction

From birth children learn how people will treat them and how they should treat others through their interactions with caregiving adults. These relationships form models from which children build their own future relationships.

If caregiving adults are compassionate, caring, and attentive, children will learn to expect to be treated with care, compassion, and attention, and also to treat others in the same way. The resources provided below provide information on this topic and offer interconnected information.

Instructional Videos

Based on what you know about yourself and your learning preferences, choose at least two of the videos below to learn about the topic. Notice that these resources build on one another around a common topic.

- [Connecting with babies: The power of parent/child interaction](#)
- [From feelings to friendships: Nurturing healthy social-emotional development in the early years](#)
- [Practices in action: Tissue paper fun](#)
- [Practices in action: Adjusting in the moment](#)
- [Practices in action: Aware and Responsive Teaching](#)

Supporting Materials

Review the articles below to become more familiar with the importance of social-emotional development and ways to support it in young children.

- National Scientific Council on the Developing Child. (2011, August). Children's emotional development is built into the architecture of their brains. Center on the Developing Child, Harvard University. <https://developingchild.harvard.edu/resources/childrens-emotional-development-is-built-into-the-architecture-of-their-brains/>
- Zero To Three. (2015, September 17). To find the roots of school readiness, look back to the beginning. <https://www.zerotothree.org/resource/to-find-the-roots-of-school-readiness-look-back-to-the-beginning/>



Supporting Materials, cont.

- U.S. Department of Health and Human Services, Administration for Children and Families, Office of Head Start (2013, March). News you can use: Foundations of school readiness: Social emotional development. <https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/nycu-social-emotional-development.pdf>

Linked Media

| Title |
|---|
| Connecting with babies: The power of parent/child interaction |
| Source Link |
| https://vimeo.com/119255263 |
| Embeddable Media |
| <pre><iframe src="https://player.vimeo.com/video/119255263?color=009ca6" width="640" height="352" frameborder="0" allow="autoplay; fullscreen; picture-in-picture" allowfullscreen></iframe> <p>Connecting with Babies from ZEROTOTHREE on Vimeo.</p></pre> |
| Description |
| Zero to Three video about the impact of relationships between infants and caregivers on the brain, including how non-responsive caregiving can create chronic stress and how neuroplasticity can help the brain continue to adapt to its experiences. |
| Duration |
| 3:07 |

| Title |
|---|
| From feelings to friendships: Nurturing healthy social-emotional development in the early years |
| Source Link |
| https://www.zerotothree.org/resource/from-feelings-to-friendships-nurturing-healthy-social-emotional-development-in-the-early-years/ |
| Embeddable Media |
| <pre><iframe title="vimeo-player" src="https://player.vimeo.com/video/130344327?h=1219e13919" width="640" height="360" frameborder="0" allowfullscreen></iframe></pre> |
| Description |
| The bond between a parent and child builds the child's ability to form relationships with others, express emotions, and face difficult challenges. This video provides strategies for developing a strong bond and nurturing relationship with your child. |
| Duration |
| 5:32 |



Linked Media, cont.

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| Title |
| Practices in action: Tissue paper fun |
| Source Link |
| https://cdn2.webdamdb.com/v1_md_AwodaLmAKZsS.mp4 |
| Embeddable Media |
| <pre><iframe width="1280" height="960" src="https://earlyedu.webdamdb.com/embedvid.php?embedAssetId=AwodaLmAKZsS&apm=0" frameborder="0" scrolling="no" webkitallowfullscreen mozallowfullscreen allowfullscreen></iframe></pre> |
| Description |
| In this video an educator engages young toddlers in free play at a table covered with pieces of tissue paper. She engages the children in conversation, narrating their actions and expanding their responses to sustain a back-and-forth conversation. She offers verbal and physical affection and encouragement and follows the children's lead as they explore the tissue paper. |
| Duration |
| 1:19 |

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|---|
| Title |
| Practices in action: Adjusting in the moment |
| Source Link |
| https://cdn2.webdamdb.com/v1_md_9GOHWm6DqsVm.mp4 |
| Embeddable Media |
| <pre><iframe width="1280" height="960" src="https://earlyedu.webdamdb.com/embedvid.php?embedAssetId=9GOHWm6DqsVm&apm=0" frameborder="0" scrolling="no" webkitallowfullscreen mozallowfullscreen allowfullscreen></iframe></pre> |
| Description |
| In this video an educator provides physical and verbal prompts to help a child climb up the stairs of a play structure and slide down the slide. |
| Duration |
| 1:33 |



Linked Media, cont.

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| Title |
| Practices in action: Aware and Responsive Teaching |
| Source Link |
| https://cdn2.webdamdb.com/md_3DhwInvT9W27.mp4?1670347518 |
| Embeddable Media |
| <code><iframe width="550" height="413" src="https://earlyedu.webdamdb.com/embedvid.php?embedAssetId=3DhwInvT9W27&apm=0" frameborder="0" scrolling="no" webkitallowfullscreen mozallowfullscreen allowfullscreen></iframe></code> |
| Description |
| In this video an educator greets children warmly and helps them off the bus. The interaction between child and educator is comfortable, and the educator responds to a child's bids for attention and acknowledgement. The child shows a sense of identity and belonging to her family and confidence in her perception of herself as a unique person. |
| Duration |
| 0:21 |

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